

Kushmanda Homam (approx 1 ½ Hours)

This ceremony which consists of making offerings of ghee into the consecrated fire is primarily done by a person wishing to cleanse himself of a sin he or she may have wittingly or unwittingly committed. Some people are also advised to perform it as a remedy for some specific negative astrological influence in their birth charts.

The mantras in Kuṣmāṇḍa homa mention certain sins people commit, and one is absolved from their negative karmic effects through the performance of this homa. Some of the sins referred to are:—

1. Being flippant or arrogant in Deva karmas
2. Lying in the course of day to day activities
3. Gossiping and speaking ill of others
4. The hardship we cause to our mother during pregnancy, birth and childhood.
5. The mental anguish we cause to both our parents with or without our knowledge.
6. Bad behaviour
7. Using impolite language while speaking to our elders, Purohits or Acharyas.

The mantras also clarify benefits that can accrue to the person doing Kushmanda homa. Some of the benefits:—

1. Some Karmic debts are effaced.
2. Extended life, sound health and a pure heart and make us better human beings.

REQUIREMENTS

coconuts [with husk if possible]	1
bananas	6
seasonal fruit 4 kinds	3 of each
betel leaves	1 packet
betel nuts (whole)	5
flowers	1 bunches
ghee	500 gms
camphor blocks	5
rice [white]	1 kg
Rice flour	500 gms
Small square baking tray aluminium	
incense sticks	1 pkt
Dollar coins	10

ADDITIONAL REQUIREMENTS:

wood for fire — unused, unblemished twigs	1 box
mango leaves unblemished	5
new tea towels OR	2
paper towels	1 roll